

Holy Spirit Polish National Catholic Church

Father Rafal Dadello will be celebrating Holy Mass on Sunday March 2nd at 11.00 a.m. All are welcome. It is the 8th Ordinary Sunday
The first reading is from the Book of the prophet Isaiah 49:14-15
The second reading is from the First Letter of St. Paul to the Corinthians 4:1-5
The Holy Gospel is from St. Matthew 6:24-34

Father Dadello will be celebrating Holy Mass for the Catholic community on Saturday, March 1st at 4.00 p.m. in St. Paul's Lutheran Church, 32 West Main Street in St. Johnsville

Our Coffee Hour will follow Holy Mass and be sponsored by John and Janice Rogers

We will be holding our annual meeting and election of the Parish Committee on March 2nd following mass. All parishioners are encouraged to participate.

On Wednesday, March 5 is Ash Wednesday. Blessing and distribution of ashes at 6.00 p.m.

Our Sunday's Message

Today's Gospel theme is worry and anxiety. The Greek verb in 'do not be anxious' is *merimnate*, used also in Philippians 4:6, 'Have no anxiety about anything'. God gave us life and our body, so he will give us the lesser gifts of food and clothing, and therefore anxiety is unnecessary. We are all prone to worry, to a greater or lesser extent, but it robs us of the peace of Christ. The basis of our anxiety is that we lack faith. Jesus' teaching here gives us several reasons why we should not worry: it is to miss the point of life, which is far more important than things such as food, drink and clothing; it makes little sense for if God feeds the birds, surely he will not let us go hungry; and it is a waste of time because it will never lengthen our lives. Indeed, worry can make us ill, shortening our lives. There are enough problems today without worrying about tomorrow!

The answer to worry is to 'seek first God's kingdom and his righteousness'. We need to change our priorities and seek to uphold God's standards. Through God's grace we can grow in our understanding of his love and become more conscious that he cares for us.

We will be selling pierogi and golumbki on an on-going basis. Please contact Karen Filipski at (315) 823-4152 to order.

The PNCC was organized in Scranton, PA in 1897. The denomination has over 25,000 members in North America. The church in Little Falls belongs to the Mohawk Valley Seniorate district, which also includes churches in Latham, Schenectady, New York Mills, Rome and Syracuse. More information about the PNCC can be obtained by calling Fr. Dadello at 823-0793, also by visiting WWW.PNCC.ORG or WWW.HOLYSPIRITPNCC.ORG Anyone needing a ride to Holy Mass can call Karen Filipski at (315) 823-4152 or John Rogers at (315) 429-9314.

May the blessing of the Lord be upon you.